



THE LIGHTNING SAILORS OF FLEET 50 ARE PROUD TO ANNOUNCE  
THAT WE HAVE JOINED THE RACE TO RESTORE OCEAN HEALTH  
BY BECOMING INVOLVED WITH THE

**SAILORS FOR THE SEA'S CLEAN REGATTAS PROGRAM**

The ocean, lakes, and rivers of our planet are in crisis with plastic pollution, oil spills, and marine debris threatening marine wildlife and human health.

To learn more about this initiative visit [www.sailorsforthesea.org](http://www.sailorsforthesea.org)

Protecting our local waters, including the Potomac River, is very important to us and we ask for your help in this effort during the

**Doc Gilbert Potomac Cup "Green" Regatta.**

**WE ASK FOR YOUR HELP ON THE FOLLOWING ITEMS:**

- ❖ Ensuring recycling and trash is separated properly before disposing of waste.
- ❖ Use reusable rather than single-use water bottles
- ❖ Please consider a water only wash down for your boat following the event